

# **SOUTHEASTERN SWIMMING CHAMPIONSHIPS**

## **July 23, 24, 25, and 26, 2009**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, the rules of which will apply.

**SES SANCTION NO.: 09SENAC07-23 TIME TRIAL NO.: 09SENAC07-23TT**  
**COURSE: Long Course**

**HOSTED BY: Nashville Aquatic Club**

**(13&Over Prelims & ALL Finals)**

Centennial Sportsplex  
222 25<sup>th</sup> Ave. N.  
Nashville, Tennessee 37203  
(615) 321-3510

**(12& U Prelims)**

Williamson Co. Indoor Sports Complex  
920 Heritage Way  
Brentwood, Tennessee 37027  
(615) 370-3471

**FACILITIES:** Both facilities offer indoor 8-Lane, 50 meter competition pools with a 7 foot minimum depth, non-turbulent lane lines and fully automatic electronic timing system and scoreboards with lane/time/place display. Separate areas (Sportsplex - 25 yd 6 lanes; WCISC – 25 yard 3 lanes) for warm-up/warm-down are available.

**MEET REFEREE:** Stephanie Nadeau (Nashville) Administrative Referee - Ed De Bruyn  
Assistant Meet Referee – Brentwood – Dave Smith

**MEET SCHEDULE:**

**THURSDAY, JULY 23:**

**Timed Finals:**

**All Thursday Events at Centennial Sportsplex**  
**Warm-up 1 - 2:30 PM - 3:50 PM**  
**Competition - 4:00 PM**

**FRIDAY, JULY 24:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 4:15 PM  
Competition - 5:30 PM

**SATURDAY, JULY 25:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 4:15 PM  
Competition - 5:30 PM

**SUNDAY, JULY 26:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 3:45 PM  
Competition - 5:00 PM

**MEET FORMAT:**

**Individual events - All individual events will be Prelims/Finals with the exception of the 10&U and 11&12 400 Freestyles and the 800 and 1500 Freestyles.** These events are Timed Finals, and will be swum **fastest to slowest, alternating women's and men's heats.** The fastest heat of the 800/1500 Free will be swum during the Finals session Sunday night; earlier heats will be swum following the morning sessions. **All events 400 meters and longer will be deck seeded. Senior events will swim Consolation and Final heats.**

**Relays –** Relays will be deck seeded Timed Finals, swum slowest to fastest during Finals sessions. Teams are limited to two relay entries in each relay event. Relay cards will be distributed in coaches' packets (available Thursday night). **Cards will constitute positive check-in and must be completely and properly filled out and submitted to Clerk of Course by 5:00 PM on the day of the event in order for the relay team to swim.** The cards will remain with Clerk of Course and heat sheets will be distributed and posted as soon as possible.

**ELIGIBILITY:**

Age groups are: 10&U, 11-12, 13-14 and Senior. **Age on the first day of the meet determines the age group for the entire meet.** All swimmers shall be registered with Southeastern Swimming through United States Swimming, Inc. and registration numbers must be listed on the entry form. **No entries will be accepted without current registration numbers.** The 2008 Southeastern Age Group Long Course Meter Time Standards will be used as a qualifying time for all individual events (Swimmers who achieved the 2009 Short Course Yards Qualifying Time in the comparable event and same age group for which they will compete at the Long Course Championship will be allowed to enter, i.e. swimmer must have achieved 2009 SCY 11-12 50 yard Freestyle qualifying time to be able to enter the 11-12 50 meter Freestyle). There will be no time standards for relays. Faster times achieved following the entry deadline will not be accepted in place of times already entered. This includes relays. A Southeastern-affiliated swimmer may compete as a member of a relay team whether or not they qualify for any individual events.

**ENTRIES:**

A swimmer may enter and swim only three individual events per day and no more than seven individual events in the entire meet. A swimmer entered in the maximum number of events may not scratch one event to enter another event except in the case of a mistaken entry in the wrong age group which may be corrected by the Meet Referee. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the seven individual events in the meet. Entries must be legible and complete. Entry forms must include the swimmer's first and last name, age, USA Swimming registration number and meter times for each individual event. Relay times should be listed for each entered relay. All potential relay participants must be entered in the meet by Friday, JULY 24, 2008 at 9:00 AM. Teams who have HYTEK'S MEET MANAGER should submit their entries by email. Also provide hard copy printout for proof reading.

|              |   |                           |
|--------------|---|---------------------------|
| <b>FEES:</b> | \$5.00 per swimmer per individual event | \$10.00 per relay         |
|              | \$3.00 Southeastern surcharge           | \$5.00 Facility surcharge |

**DEADLINE:**

All entries must be received by **Tuesday, July 14, 2009**, with the exception of swimmers who

**initially** achieve qualifying times at meets on the weekend preceding the championships. **Entries from these meets must be faxed or emailed by 6:00 PM, Monday, July 20, 2009.** Entries not accompanied by fees check, USA Swimming numbers, signed athletes release and a recap sheet will be rejected. Checks should be payable to NAC. A psych sheet of all entries will be posted on NAC's website (www.swimnac.com) on Friday, **July 17, 2009.** Coaches are responsible to check the Psych sheet to verify that their entries are correct and, if not, to inform Tresea Davis of any mistakes before 5:00 p.m. on Sunday, **July 19, 2009 VIA EMAIL ONLY.**

**LATE ENTRIES:**

Late entries will be accepted for available lanes on a first-come, first-serve basis until 9:00 AM Friday, July 24, 2008. No new heats will be formed. Coaches must make out entry cards for late entries at the meet. Relays received late will receive a "No Time" seeding. Accepted late entries will be charged \$6.00 per individual event and \$12.00 per relay. Fees are due upon entry.

**MAIL ENTRIES TO:** Completed entries should be mailed to:

Tresea Davis  
 2315 Ellington Circle  
 Nashville, TN 37211  
[treseaLdavis@earthlink.net](mailto:treseaLdavis@earthlink.net)

**Please waive the signature requirement for Fed-Ex and UPS deliveries.**

**SAFETY:**

In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a safe and prudent manner. **Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. USA Swimming prohibits cameras/video recording devices, including camera phones from the locker rooms.**

**DECK SEEDED EVENTS:**

Swimmers must positive check-in with the Clerk of Course for all deck-seeded individual events and relays. **Positive check-in deadlines are as follows:**

| DAY OF EVENT | EVENT                 | DEADLINE                    |
|--------------|-----------------------|-----------------------------|
| THURSDAY     | ALL INDIVIDUAL EVENTS | 3:00 PM – POSITIVE CHECK-IN |
| FRIDAY       | 400 IM                | 9:00 AM – POSITIVE CHECK-IN |
|              | FREESTYLE RELAY       | 5:00 PM – RELAY CARDS DUE   |
| SATURDAY     | 400 FREE              | 9:00 AM – POSITIVE CHECK-IN |
|              | MEDLEY RELAY          | 5:00 PM – RELAY CARDS DUE   |
| SUNDAY       | 800/1500 FREE         | 9:00 AM – POSITIVE CHECK-IN |

Swimmers or relays that do not check-in with the Clerk of Course by the deadline will be scratched and will not be able to compete in that event.

**PROCEDURE FOR POSITIVE CHECK-IN OR SCRATCHING:** Only the swimmer or his/her coach may check-in or scratch a swimmer. **If swimming an event,** the swimmer or his/her

coach shall circle the name of the swimmer and place their initials next to the swimmer's name.

**If scratching the event**, the swimmer or coach shall line through the swimmer's name and place their initials next to the swimmer's name.

**SCRATCHES:**

**The 2009 USA Swimming Scratch rules** as modified by Southeastern Swimming, Inc., will be followed. Swimmers qualifying for finals or consolation finals must notify the administrative referee within 30 minutes of the announcement of the qualifiers for that final that they may not intend to compete. They must further declare their final intention to scratch within 30 minutes of the posting of the last preliminary event of the session. **Scratches must be given to the Administrative Referee or in the scratch box at the Clerk of Course table.**

**PENALTIES:**

**For deck seeded events**, failure to swim the event after a positive check-in will result in a swimmer being barred from the next individual event in which he/she is entered.

**For failure to swim finals:** Any swimmer failing to properly scratch and failing to compete in the consolation finals and finals shall be barred from the remainder of the meet unless relieved for good cause by the Referee. The penalty for failing to properly scratch and failing to compete in a Sunday evening consolation final or final event is a \$25 fine.

**For time standards:** Any swimmer who does not achieve the qualifying time standard in an event is subject to a \$25 fine unless written proof of the qualifying time is provided. No team will be allowed to enter subsequent championship meets until fines are paid and/or times proven.

**SCORING:**

Individual Events 1-8: 20-17-16-15-14-13-12-11

Consolation Finals 9-16 (Open Only): 9-7-6-5-4-3-2-1

Relay Events 1-8: 40-34-32-30-28-26-24-22

Relay Events 9-16 (Open Only): 18-14-12-10-8-6-4-2

There will be three divisions for Teams – Large (30 or more entered swimmers); Medium (15-29 entered swimmers) and Small (less than 15 entered swimmers). Teams will compete with other teams in their respective divisions for team awards.

**AWARDS:**

The awards will be provided by Southeastern Swimming. Medals will be given for 1st-8th place for individual events and 1st-4th for relays. There will be championship banners for the top scoring team in each division. Trophies will be given for the individual high point and runner up in each age group. Plaques will also be given to age group team champions. These age group team awards will be based on total individual points and the single highest-ranking relay.

**MEETINGS:**

A coaches' meeting will be at **8:50 AM, Friday July 24<sup>th</sup>** in the hospitality rooms. Officials will meet in the hospitality room at 7:30 AM each morning for clinics and 30 minutes before each session for deck assignments. Timers will meet on the deck 30 minutes before each session.

**Coaches and Officials:** Please display your current certification cards at all times on the deck. Credentials will be checked.

**OFFICIALS:**

**Referees:** Stephanie Nadeau (Nashville) Dave Smith (Brentwood)

Officials will be designated by Southeastern Swimming Officials Committee. Referee, Starter and Stroke Clinics will be given before the preliminary sessions every morning.



**ORDER OF EVENTS  
FRIDAY JULY 24, 2009  
PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| <b>WOMEN</b> | <b>STANDARD</b>        | <b>EVENT</b>                          | <b>STANDARD</b>        | <b>MEN</b>  |
|--------------|------------------------|---------------------------------------|------------------------|-------------|
| <b>5**</b>   | <b>2:18.39/2:18.19</b> | <b>SENIOR 200 FREESTYLE</b>           | <b>2:12.39/2:10.09</b> | <b>6**</b>  |
| <b>7</b>     | <b>2:24.19</b>         | <b>13&amp;14 200 FREESTYLE</b>        | <b>2:21.09</b>         | <b>8</b>    |
| <b>9**</b>   | <b>1:28.69/1:28.69</b> | <b>SENIOR 100 BREASTSTROKE</b>        | <b>1:21.89/1:19.69</b> | <b>10**</b> |
| <b>11</b>    | <b>1:29.49</b>         | <b>13&amp;14 100 BREASTSTROKE</b>     | <b>1:26.09</b>         | <b>12</b>   |
| <b>13**</b>  | <b>1:16.59/1:16.59</b> | <b>SENIOR 100 BACKSTROKE</b>          | <b>1:10.89/1:09.59</b> | <b>14**</b> |
| <b>15</b>    | <b>1:18.19</b>         | <b>13&amp;14 100 BACKSTROKE</b>       | <b>1:16.29</b>         | <b>16</b>   |
| <b>17**</b>  | <b>5:43.79/5:43.79</b> | <b>SENIOR 400 IND. MEDLEY*</b>        | <b>5:20.99/5:16.69</b> | <b>18**</b> |
| <b>19</b>    | <b>5:52.59</b>         | <b>13&amp;14 400 IND. MEDLEY*</b>     | <b>5:54.99</b>         | <b>20</b>   |
| <b>21</b>    |                        | <b>SENIOR 400 FREESTYLE RELAY#</b>    |                        | <b>22</b>   |
| <b>23</b>    |                        | <b>13&amp;14 400 FREESTYLE RELAY#</b> |                        | <b>24</b>   |

**\*Deck-seeded Preliminaries; positive check-in by 9:00 AM.**

**#Relays will swim in Finals. Relay cards due by 5:00 PM.**

**\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.**

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| <b>WOMEN</b> | <b>STANDARD</b> | <b>EVENT</b>                          | <b>STANDARD</b> | <b>MEN</b> |
|--------------|-----------------|---------------------------------------|-----------------|------------|
| <b>25</b>    | <b>2:38.09</b>  | <b>11&amp;12 200 FREESTYLE</b>        | <b>2:41.29</b>  | <b>26</b>  |
| <b>27</b>    | <b>3:08.79</b>  | <b>10&amp;U 200 FREESTYLE</b>         | <b>3:08.29</b>  | <b>28</b>  |
| <b>29</b>    | <b>44.99</b>    | <b>11&amp;12 50 BREASTSTROKE</b>      | <b>46.59</b>    | <b>30</b>  |
| <b>31</b>    | <b>51.69</b>    | <b>10&amp;U 50 BREASTSTROKE</b>       | <b>54.89</b>    | <b>32</b>  |
| <b>33</b>    | <b>39.49</b>    | <b>11&amp;12 50 BACKSTROKE</b>        | <b>40.59</b>    | <b>34</b>  |
| <b>35</b>    | <b>45.49</b>    | <b>10&amp;U 50 BACKSTROKE</b>         | <b>46.99</b>    | <b>36</b>  |
| <b>37</b>    |                 | <b>11&amp;12 200 FREESTYLE RELAY#</b> |                 | <b>38</b>  |
| <b>39</b>    |                 | <b>10&amp;U 200 FREESTYLE RELAY#</b>  |                 | <b>40</b>  |

**#Relays will swim in Finals. Relay cards due by 5:00 PM.**

**See Order of Events for Finals Session on Page 9**

**ORDER OF EVENTS**

**SATURDAY JULY 25, 2009**

**PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| WOMEN | STANDARD        | EVENT                    | STANDARD        | MEN  |
|-------|-----------------|--------------------------|-----------------|------|
| 41**  | 2:50.19/2:50.19 | SENIOR 200 BUTTERFLY     | 2:40.59/2:37.89 | 42** |
| 43    | 2:50.89         | 13&14 200 BUTTERFLY      | 2:44.99         | 44   |
| 45**  | 30.19/29.99     | SENIOR 50 FREESTYLE      | 27.49/26.89     | 46** |
| 47    | 30.69           | 13&14 50 FREESTYLE       | 29.49           | 48   |
| 49**  | 2:40.59/2:40.59 | SENIOR 200 IND. MEDLEY   | 2:30.79/2:27.99 | 50** |
| 51    | 2:45.29         | 13&14 200 IND. MEDLEY    | 2:42.39         | 52   |
| 53**  | 4:57.99/4:55.39 | SENIOR 400 FREESTYLE*    | 4:45.09/4:40.39 | 54** |
| 55    | 5:03.89         | 13&14 400 FREESTYLE*     | 5:05.09         | 56   |
| 57    |                 | SENIOR 400 MEDLEY RELAY# |                 | 58   |
| 59    |                 | 13&14 400 MEDLEY RELAY#  |                 | 60   |

\* Deck-seeded Preliminaries; positive check-in by 9:00 AM.

#Relays will swim in Finals. Relay cards due by 5:00 PM.

\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| WOMEN | STANDARD | EVENT                     | STANDARD | MEN |
|-------|----------|---------------------------|----------|-----|
| 61    | 1:25.89  | 11&12 100 BUTTERFLY       | 1:28.09  | 62  |
| 63    | 1:46.49  | 10&U 100 BUTTERFLY        | 1:50.79  | 64  |
| 65    | 33.19    | 11&12 50 FREESTYLE        | 33.29    | 66  |
| 67    | 38.09    | 10&U 50 FREESTYLE         | 38.99    | 68  |
| 69    | 2:57.79  | 11&12 200 IND. MEDLEY     | 3:02.19  | 70  |
| 71    | 3:35.49  | 10&U 200 IND. MEDLEY      | 3:43.19  | 72  |
| 73    | 5:30.59  | **11&12 400 Freestyle**   | 5:41.39  | 74  |
| 75    | 6:55.79  | **10&U 400 Freestyle **   | 6:52.69  | 76  |
| 77    |          | 11&12 200 Medley Relay#   |          | 78  |
| 79    |          | 10 & U 200 Medley Relay # |          | 80  |

\*Deck-seeded Timed Finals; positive check-in by 9:00 AM. Event will swim fastest to slowest 10 minutes after event 74, alternating women's and men's heats.

\*\*Deck-seeded Timed Finals; positive check-in by 9:00 AM. Event will swim fastest to slowest 10 minutes after events 71 and 72.

**#Relays will swim in Finals.** Relay cards due by 5:00 PM.  
**See Order of Events for Finals Session on Page 9**

**ORDER OF EVENTS  
SUNDAY July 26, 2009**

**PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| WOMEN | STANDARD        | EVENT                   | STANDARD          | MEN   |
|-------|-----------------|-------------------------|-------------------|-------|
| 81A   | 10:07.79        | 13&14 800 FREESTYLE#    |                   |       |
|       |                 | 13&14 1500 FREESTYLE#   | 18:51.19          | 82A   |
| 81B** | 9:57.49/9:46.39 | SENIOR 800 FREESTYLE#   |                   |       |
|       |                 | SENIOR 1500 FREESTYLE#  | 18:17.39/18:17.39 | 82B** |
| 83    | 2:48.19         | 13&14 200 BACKSTROKE    | 2:43.79           | 84    |
| 85**  | 2:42.59/2:42.59 | SENIOR 200 BACKSTROKE   | 2:32.49/2:29.29   | 86**  |
| 87    | 1:06.39         | 13&14 100 FREESTYLE     | 1:04.39           | 88    |
| 89**  | 1:05.89/1:05.09 | SENIOR 100 FREESTYLE    | 1:00.29/59.19     | 90**  |
| 91    | 3:14.69         | 13&14 200 BREASTSTROKE  | 3:07.29           | 92    |
| 93**  | 3:11.59/3:11.59 | SENIOR 200 BREASTSTROKE | 3:01.29/2:57.39   | 94**  |
| 95    | 1:15.49         | 13&14 100 BUTTERFLY     | 1:13.39           | 96    |
| 97**  | 1:12.89/1:12.49 | SENIOR 100 BUTTERFLY    | 1:07.49/1:05.79   | 98**  |

#Deck-seeded timed finals; positive check-in by 9:00 AM. Events will swim fastest to slowest; 13&14 and Senior will swim together and be scored separately. The fastest men's and women's heats will swim during Finals. Earlier heats will swim 10 minutes after event 98, alternating women's and men's heats.

\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

| WOMEN | STANDARD | EVENT                  | STANDARD | MEN |
|-------|----------|------------------------|----------|-----|
| 99    | 1:40.39  | 10&U 100 BACKSTROKE    | 1:40.99  | 100 |
| 101   | 1:25.69  | 11&12 100 BACKSTROKE   | 1:26.89  | 102 |
| 103   | 1:25.89  | 10&U 100 FREESTYLE     | 1:27.39  | 104 |
| 105   | 1:12.09  | 11&12 100 FREESTYLE    | 1:13.89  | 106 |
| 107   | 1:52.09  | 10&U 100 BREASTSTROKE  | 1:57.99  | 108 |
| 109   | 1:38.29  | 11&12 100 BREASTSTROKE | 1:40.89  | 110 |
| 111   | 44.29    | 10&U 50 BUTTERFLY      | 46.19    | 112 |
| 113   | 36.79    | 11&12 50 BUTTERFLY     | 37.99    | 114 |

**See Order of Events for Finals Session on Page 9**

## ORDER OF EVENTS – FINALS SESSIONS

| W  | Friday Finals         | M  |
|----|-----------------------|----|
| 5  | Senior 200 Free       | 6  |
| 7  | 13-14 200 Free        | 8  |
| 25 | 11-12 200 Free        | 26 |
| 27 | 10&U 200 Free         | 28 |
| 9  | Senior 100 Breast     | 10 |
| 11 | 13-14 100 Breast      | 12 |
| 29 | 11-12 50 Breast       | 30 |
| 31 | 10&U 50 Breast        | 32 |
| 13 | Senior 100 Back       | 14 |
| 15 | 13-14 100 Back        | 16 |
| 33 | 11-12 50 Back         | 34 |
| 35 | 10&U 50 Back          | 36 |
| 17 | Senior 400 IM         | 18 |
| 19 | 13-14 400 IM          | 20 |
| 37 | 11-12 200 Free Relay  | 38 |
| 39 | 10&U 200 Free Relay   | 40 |
| 21 | Senior 400 Free Relay | 22 |
| 23 | 13-14 400 Free Relay  | 24 |

| W  | Saturday Finals         | M  |
|----|-------------------------|----|
| 41 | Senior 200 Fly          | 42 |
| 43 | 13-14 200 Fly           | 44 |
| 61 | 11-12 100 Fly           | 62 |
| 63 | 10&U 100 Fly            | 64 |
| 45 | Senior 50 Free          | 46 |
| 47 | 13-14 50 Free           | 48 |
| 65 | 11-12 50 Free           | 66 |
| 67 | 10&U 50 Free            | 68 |
| 49 | Senior 200 IM           | 50 |
| 51 | 13-14 200 IM            | 52 |
| 69 | 11-12 200 IM            | 70 |
| 71 | 10&U 200 IM             | 72 |
| 53 | Senior 400 Free         | 54 |
| 55 | 13-14 400 Free          | 56 |
| 77 | 11-12 200 Medley Relay  | 78 |
| 79 | 10&U 200 Medley Relay   | 80 |
| 57 | Senior 400 Medley Relay | 58 |
| 59 | 13-14 400 Medley Relay  | 60 |

| W   | Sunday Finals     | M   |
|-----|-------------------|-----|
| 81  | 13&O 800 Free     |     |
|     | 13&O 1500 Free    | 82  |
| 99  | 10&U 100 Back     | 100 |
| 101 | 11-12 100 Back    | 102 |
| 83  | 13-14 200 Back    | 84  |
| 85  | Senior 200 Back   | 86  |
| 103 | 10&U 100 Free     | 104 |
| 105 | 11-12 100 Free    | 106 |
| 87  | 13-14 100 Free    | 88  |
| 89  | Senior 100 Free   | 90  |
| 107 | 10&U 100 Breast   | 108 |
| 109 | 11-12 100 Breast  | 110 |
| 91  | 13-14 200 Breast  | 92  |
| 93  | Senior 200 Breast | 94  |
| 111 | 10&U 50 Fly       | 112 |
| 113 | 11-12 50 Fly      | 114 |
| 95  | 13-14 100 Fly     | 96  |
| 97  | Senior 100 Fly    | 98  |

**SOUTHEASTERN SWIMMING CHAMPIONSHIPS**  
**July 23, 24, 25, and 26, 2009**  
**TEAM INFORMATION**

|  |             |                                     |               |
|--|-------------|-------------------------------------|---------------|
| <b>CLUB NAME:</b>                                |             | <b>INITIALS:</b>                    |               |
| <b>ADDRESS:</b>                                  |             |                                     |               |
| <b>LSC:</b>                                      |             | <b>HEAD COACH:</b>                  |               |
| <b>CONTACT PERSON:</b>                           |             | <b>PHONE NUMBER:</b>                |               |
| <b>FAX NUMBER:</b>                               |             | <b>CELL PHONE:</b>                  | <b>EMAIL:</b> |
| <b>COACHES ATTENDING:</b>                        | <b>NAME</b> | <b>COACHES CARD EXPIRATION DATE</b> |               |
|  | 1.          |                                     |               |
|  | 2.          |                                     |               |
| <b>CERTIFIED OFFICIALS WHO MAY WISH TO WORK:</b> | 1.          |                                     |               |
|  | 2.          |                                     |               |
|  | 3.          |                                     |               |
| <b>NUMBER OF SWIMMERS ENTERED:</b>               |             | <b>ATTACHED:</b>                    |               |
|  |             | <b>UNATTACHED:</b>                  |               |
|  |             | <b>TOTAL:</b>                       |               |

**SUMMARY OF FEES**

|                               |  |                                      |          |  |
|-------------------------------|--|--------------------------------------|----------|--|
| <b>NUMBER OF SWIMMERS:</b>    |  | <b>X \$3.00 SES SURCHARGE</b>        | <b>=</b> |  |
|                               |  | <b>X \$5.00 FACILITY SURCHARGE</b>   | <b>=</b> |  |
| <b>NUMBER OF IND. EVENTS:</b> |  | <b>X \$5.00 PER EVENT ENTRY FEE</b>  | <b>=</b> |  |
| <b>NUMBER OF RELAYS:</b>      |  | <b>X \$10.00 PER RELAY ENTRY FEE</b> | <b>=</b> |  |

|                   |  |
|-------------------|--|
| <b>TOTAL DUE:</b> |  |
|-------------------|--|

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry are registered with USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team’s swimmers with those rules during this meet. The Nashville Aquatic Club, Metro Nashville Parks and Recreation, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

|   |              |
|---|--------------|
| <b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b> |              |
| <b>CLUB:</b>                                |              |
| <b>TITLE:</b>                               | <b>DATE:</b> |

**Southeastern Swimming  
Information Form for Disabled Swimmers**

|   |             |                             |            |
|---|-------------|-----------------------------|------------|
| <b>NAME:</b>  | <b>AGE:</b> | <b>DATE OF BIRTH:</b>       |            |
| <b>ADDRESS:</b>   |             | <b>PHONE NUMBER:</b>        |            |
| <b>EVENTS ENTERED:</b>  |             |                             |            |
| <b>EVENT:</b>   | <b>NO.</b>  | <b>EVENT:</b>               | <b>NO.</b> |
| <b>EVENT:</b>   | <b>NO.</b>  | <b>EVENT:</b>               | <b>NO.</b> |
| <b>EVENT:</b>   | <b>NO.</b>  | <b>EVENT:</b>               | <b>NO.</b> |
| <b>EVENT:</b>   | <b>NO.</b>  | <b>EVENT:</b>               | <b>NO.</b> |
| <p><b>DESCRIBE TYPE AND EXTENT OF DISABILITY AND ANY SPECIAL ASSISTANCE THE ATHLETE MAY REQUIRE</b><br/>(Please be specific):</p><br><br><br><br><br><br><br><br><br><br> |             |                             |            |
| <p><b>THE FOLLOWING PERSONS WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:</b></p><br><br><br>   |             | <p><b>NAME:</b></p><br><br> |            |
|   |             | <p><b>NAME:</b></p><br><br> |            |
| <b>PARENT OR GUARDIAN'S NAME:</b>   |             | <b>PHONE NUMBER:</b>        |            |

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