

# SOUTHEASTERN SWIMMING CHAMPIONSHIPS

## July 17, 18, 19, and 20, 2008

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, the rules of which will apply.

**SES SANCTION NO.:** 08SENAC7-17

**TIME TRIAL NO.:** 08SENAC7-17TT

**HOSTED BY:**

**Nashville Aquatic Club and Excel Aquatics**

**(13&Over Prelims & ALL Finals)**

Centennial Sportsplex  
222 25<sup>th</sup> Ave. N.  
Nashville, Tennessee 37203  
(615) 321-3510

**(12& U Prelims)**

Williamson Co. Indoor Sports Complex  
920 Heritage Way  
Brentwood, Tennessee 37027  
(615) 370-3471

**FACILITIES:** Both facilities offer indoor 8-Lane, 50 meter competition pools with a 7 foot minimum depth, non-turbulent lane lines and fully automatic electronic timing system and scoreboards with lane/time/place display. Separate areas (Sportsplex - 25 yd 6 lanes; WCISC – 25 yard 3 lanes) for warm-up/warm-down are available.

**CO-MEET REFEREES:** Ronette Jones (Nashville) Ed DeBruyn (Brentwood)

**MEET SCHEDULE:**

**THURSDAY, JULY 17:**

**Timed Finals:**

**All Thursday Events at Centennial Sportsplex**  
**Warm-up 1 - 2:30 PM - 3:50 PM**  
**Competition - 4:00 PM**

**FRIDAY, JULY 18:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 4:15 PM  
Competition - 5:30 PM

**SATURDAY, JULY 19:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 4:15 PM  
Competition - 5:30 PM

**SUNDAY, JULY 20:**

**Prelims:**

Warm-up - 7:30 AM - 8:50 AM  
Competition - 9:00 AM

**Finals:**

Warm-up - 3:45 PM  
Competition - 5:00 PM

## MEET FORMAT:

**Individual events - All individual events will be Prelims/Finals with the exception of the 10&U and 11&12 400 Freestyles and the 800 and 1500 Freestyles.** These events are Timed Finals, and will be swum **fastest to slowest, alternating women's and men's heats.** The fastest heat of the 800/1500 Free will be swum during the Finals session Sunday night; earlier heats will be swum following the morning sessions. **All events 400 meters and longer will be deck seeded. Senior events will swim Consolation and Final heats.**

**Relays –** Relays will be deck seeded Timed Finals, swum slowest to fastest during Finals sessions. Teams are limited to two relay entries in each relay event. Relay cards will be distributed in coaches' packets (available Thursday night). **Cards will constitute positive check-in and must be completely and properly filled out and submitted to Clerk of Course by 5:00 PM on the day of the event in order for the relay team to swim.** The cards will remain with Clerk of Course and heat sheets will be distributed and posted as soon as possible.

## ELIGIBILITY:

Age groups are: 10&U, 11-12, 13-14 and Senior. **Age on the first day of the meet determines the age group for the entire meet.** All swimmers shall be registered with Southeastern Swimming through United States Swimming, Inc. and registration numbers must be listed on the entry form. **No entries will be accepted without current registration numbers.** The 2008 Southeastern Age Group Long Course Meter Time Standards will be used as a qualifying time for all individual events (Swimmers who achieved the 2008 Short Course Yards Qualifying Time in the comparable event and same age group for which they will compete at the Long Course Championship will be allowed to enter, i.e. swimmer must have achieved 2008 SCY 11-12 50 yard Freestyle qualifying time to be able to enter the 11-12 50 meter Freestyle). There will be no time standards for relays. Faster times achieved following the entry deadline will not be accepted in place of times already entered. This includes relays. A Southeastern-affiliated swimmer may compete as a member of a relay team whether or not they qualify for any individual events.

## ENTRIES:

A swimmer may enter and swim only three individual events per day and no more than seven individual events in the entire meet. A swimmer entered in the maximum number of events may not scratch one event to enter another event except in the case of a mistaken entry in the wrong age group which may be corrected by the Meet Referee. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the seven individual events in the meet. Entries must be legible and complete. Entry forms must include the swimmer's first and last name, age, USA Swimming registration number and meter times for each individual event. Relay times should be listed for each entered relay. All potential relay participants must be entered in the meet by Friday, JULY 18, 2008 at 9:00 AM. Teams who have HYTEK'S MEET MANAGER should submit their entries by email. Also provide hard copy printout for proof reading.

<b>FEES:</b>	\$5.00 per swimmer per individual event	\$10.00 per relay
	\$3.00 Southeastern surcharge	\$5.00 Facility surcharge

## DEADLINE:

All entries must be received by **Tuesday, July 8, 2008**, with the exception of swimmers who **initially** achieve qualifying times at meets on the weekend preceding the championships.

**Entries from these meets must be faxed or emailed by 6:00 PM, Monday, July 14, 2008.**

Entries not accompanied by fees check, USA Swimming numbers, signed athletes release and a recap sheet will be rejected. Checks should be payable to NAC. A psych sheet of all entries will be posted on NAC's website ([www.swimnac.com](http://www.swimnac.com)) on Friday, July 11, 2008. Coaches are

responsible to check the Psych sheet to verify their entries are correct and, if not, to inform Bruce Ramsden of any mistakes before 5:00 p.m. on Sunday, July 12, 2008 **VIA EMAIL ONLY**.

**LATE ENTRIES:**

Late entries will be accepted for available lanes on a first-come, first-serve basis until 9:00 AM Friday, July 18, 2008. No new heats will be formed. Coaches must make out entry cards for late entries at the meet. Relays received late will receive a "No Time" seeding. Accepted late entries will be charged \$6.00 per individual event and \$12.00 per relay. Fees are due upon entry.

**MAIL ENTRIES TO:**

**Bruce Ramsden  
6405 Tree Ridge Cove  
Brentwood, TN 37027**

**Email: [bruce.ramsden@gmail.com](mailto:bruce.ramsden@gmail.com)**

**Please waive the signature requirement for Fed-Ex and UPS deliveries.**

**SAFETY:**

In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a safe and prudent manner. **Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. USA Swimming prohibits cameras/video recording devices, including camera phones from the locker rooms.**

**DECK SEEDED EVENTS:**

Swimmers must positive check-in with the Clerk of Course for all deck-seeded individual events and relays. **Positive check-in deadlines are as follows:**

DAY OF EVENT	EVENT	DEADLINE
THURSDAY	ALL INDIVIDUAL EVENTS	3:00 PM – POSITIVE CHECK-IN
FRIDAY	400 IM	9:00 AM – POSITIVE CHECK-IN
	FREESTYLE RELAY	5:00 PM – RELAY CARDS DUE
SATURDAY	400 FREE/800 FREE	9:00 AM – POSITIVE CHECK-IN
	MEDLEY RELAY	5:00 PM – RELAY CARDS DUE
SUNDAY	800/1500 FREE	9:00 AM – POSITIVE CHECK-IN

**Swimmers or relays that do not check-in with the Clerk of Course by the deadline will be scratched and will not be able to compete in that event.**

**PROCEDURE FOR POSITIVE CHECK-IN OR SCRATCHING:** Only the swimmer or his/her coach may check-in or scratch a swimmer. **If swimming an event**, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name.

**If scratching the event**, the swimmer or coach shall line through the swimmer's name and place their initials next to the swimmer's name.

**SCRATCHES:**

The 2008 USA Swimming Scratch rules as modified by Southeastern Swimming, Inc., will be followed. Swimmers qualifying for finals or consolation finals must notify the administrative referee within 30 minutes of the announcement of the qualifiers for that final that they may not intend to compete. They must further declare their final intention to scratch within 30 minutes of the posting of the last preliminary event of the session. **Scratches must be given to the Administrative Referee or in the scratch box at the Clerk of Course table.**

**PENALTIES:**

**For deck seeded events**, failure to swim the event after a positive check-in will result in a swimmer being barred from the next individual event in which he/she is entered.

**For failure to swim finals**: Any swimmer failing to properly scratch and failing to compete in the consolation finals and finals shall be barred from the remainder of the meet unless relieved for good cause by the Referee. The penalty for failing to properly scratch and failing to compete in a Sunday evening consolation final or final event is a \$25 fine.

**For time standards**: Any swimmer who does not achieve the qualifying time standard in an event is subject to a \$25 fine unless written proof of the qualifying time is provided. No team will be allowed to enter subsequent championship meets until fines are paid and/or times proven.

**SCORING:**

Individual Events 1-8: 20-17-16-15-14-13-12-11

Consolation Finals 9-16 (Open Only): 9-7-6-5-4-3-2-1

Relay Events 1-8: 40-34-32-30-28-26-24-22

Relay Events 9-16 (Open Only): 18-14-12-10-8-6-4-2

There will be three divisions for Teams – Large (30 or more entered swimmers); Medium (15-29 entered swimmers) and Small (less than 15 entered swimmers). Teams will compete with other teams in their respective divisions for team awards.

**AWARDS:**

The awards will be provided by Southeastern Swimming. Medals will be given for 1st-8th place for individual events and 1st-4th for relays. There will be championship banners for the top scoring team in each division. Trophies will be given for the individual high point and runner up in each age group. Plaques will also be given to age group team champions. These age group team awards will be based on total individual points and the single highest-ranking relay.

**MEETINGS:**

A coaches' meeting will be at 8:50 AM, Friday July 18<sup>th</sup> in the hospitality rooms. Officials will meet in the hospitality room at 7:30 AM each morning for clinics and 30 minutes before each session for deck assignments. Timers will meet on the deck 30 minutes before each session.

**Coaches and Officials:** Please display your current certification cards at all times on the deck. Credentials will be checked.

**OFFICIALS:**

**Co-Meet Referees:** Ronette Jones (Nashville) Ed DeBruyn (Brentwood)

Officials will be designated by Southeastern Swimming Officials Committee. Referee, Starter and Stroke Clinics will be given before the preliminary sessions every morning.

1) **Starter Clinic:** Friday at 7:30 a.m. 2) **Stroke & Turn Clinic:** Saturday at 7:30 a.m.

3) **Referee Clinic:** Sunday at 7:30 a.m.

**TIME TRIALS:**

Time Trials will be held at the conclusion of any preliminary or final session at the coaches' request. Time Trials are intended only for swimmers attempting to qualify for National Championships, Top 16 times or Sectional Meets. Athletes whose entry times do not closely approach these time standards may be denied entry into time trials. Fees: \$5.00 per individual event; \$10.00 per relay. Sign-up deadlines will be announced at the Meet.

**CONTACTS:**

**Meet Director:**

**Chris Angell**

**e-mail:**

[cangel104@comcast.net](mailto:cangel104@comcast.net)

**EVALUATION:**

Any comments, suggestions, or evaluations should be sent to: John Woods, 205 Island Avenue, Chattanooga, TN 37405

**SOUTHEASTERN SWIMMING CHAMPIONSHIPS  
ORDER OF EVENTS  
THURSDAY, JULY 17, 2008**

**TIMED FINALS SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 2:30 PM**

**COMPETITION: 4:00 PM**

<b>WOMEN</b>	<b>STANDARD</b>	<b>EVENT</b>	<b>STANDARD</b>	<b>MEN</b>
<b>1</b>	<b>6:55.79</b>	<b>10&amp;U 400 FREESTYLE#</b>	<b>6:52.69</b>	<b>2</b>
<b>3</b>	<b>5:30.59</b>	<b>11&amp;12 400 FREESTYLE#</b>	<b>5:41.39</b>	<b>4</b>
<b>5A</b>	<b>19:53.19</b>	<b>13&amp;14 1500 FREESTYLE#*</b>		
		<b>13&amp;14 800 FREESTYLE#*</b>	<b>9:59.59</b>	<b>6A</b>
<b>5B**</b>	<b>18:53.29/18:53.29</b>	<b>SENIOR 1500 FREESTYLE#*</b>		
		<b>SENIOR 800 FREESTYLE#*</b>	<b>9:31.19/9:31.19</b>	<b>6B**</b>

**#Deck-seeded timed finals; positive check-in by 3:00 PM. Event will be swum fastest to slowest, alternating women's and men's heats.**

**\*13&14, and Senior swum together, scored separately.**

**\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.**

**ORDER OF EVENTS  
FRIDAY JULY 18, 2008**

**PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

<b>WOMEN</b>	<b>STANDARD</b>	<b>EVENT</b>	<b>STANDARD</b>	<b>MEN</b>
<b>7**</b>	<b>2:18.39/2:18.19</b>	<b>SENIOR 200 FREESTYLE</b>	<b>2:12.69/2:10.09</b>	<b>8**</b>
<b>9</b>	<b>2:24.49</b>	<b>13&amp;14 200 FREESTYLE</b>	<b>2:21.09</b>	<b>10</b>
<b>11**</b>	<b>1:28.69/1:28.69</b>	<b>SENIOR 100 BREASTSTROKE</b>	<b>1:21.89/1:19.69</b>	<b>12**</b>
<b>13</b>	<b>1:29.79</b>	<b>13&amp;14 100 BREASTSTROKE</b>	<b>1:26.09</b>	<b>14</b>
<b>15**</b>	<b>1:16.59/1:16.59</b>	<b>SENIOR 100 BACKSTROKE</b>	<b>1:10.89/1:09.59</b>	<b>16**</b>
<b>17</b>	<b>1:18.19</b>	<b>13&amp;14 100 BACKSTROKE</b>	<b>1:16.79</b>	<b>18</b>
<b>19**</b>	<b>5:43.79/5:43.79</b>	<b>SENIOR 400 IND. MEDLEY*</b>	<b>5:20.99/5:16.69</b>	<b>20**</b>
<b>21</b>	<b>5:52.59</b>	<b>13&amp;14 400 IND. MEDLEY*</b>	<b>5:54.99</b>	<b>22</b>
<b>23</b>		<b>SENIOR 400 FREESTYLE RELAY#</b>		<b>24</b>
<b>25</b>		<b>13&amp;14 400 FREESTYLE RELAY#</b>		<b>26</b>

**\*Deck-seeded Preliminaries; positive check-in by 9:00 AM.**

**#Relays will swim in Finals. Relay cards due by 5:00 PM.**

**\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.**

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

<b>WOMEN</b>	<b>STANDARD</b>	<b>EVENT</b>	<b>STANDARD</b>	<b>MEN</b>
<b>27</b>	<b>2:38.09</b>	<b>11&amp;12 200 FREESTYLE</b>	<b>2:41.29</b>	<b>28</b>
<b>29</b>	<b>3:08.79</b>	<b>10&amp;U 200 FREESTYLE</b>	<b>3:08.29</b>	<b>30</b>
<b>31</b>	<b>44.99</b>	<b>11&amp;12 50 BREASTSTROKE</b>	<b>46.59</b>	<b>32</b>
<b>33</b>	<b>51.69</b>	<b>10&amp;U 50 BREASTSTROKE</b>	<b>54.89</b>	<b>34</b>
<b>35</b>	<b>39.49</b>	<b>11&amp;12 50 BACKSTROKE</b>	<b>40.59</b>	<b>36</b>
<b>37</b>	<b>45.49</b>	<b>10&amp;U 50 BACKSTROKE</b>	<b>46.99</b>	<b>38</b>
<b>39</b>		<b>11&amp;12 200 FREESTYLE RELAY#</b>		<b>40</b>
<b>41</b>		<b>10&amp;U 200 FREESTYLE RELAY#</b>		<b>42</b>

**#Relays will swim in Finals. Relay cards due by 5:00 PM.**

***See Order of Events for Finals Session on Page 9***

**ORDER OF EVENTS  
SATURDAY JULY 19, 2008**

**PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

WOMEN	STANDARD	EVENT	STANDARD	MEN
43**	2:50.19/2:50.19	SENIOR 200 BUTTERFLY	2:40.59/2:37.89	44**
45	2:50.89	13&14 200 BUTTERFLY	2:44.99	46
47**	30.19/29.99	SENIOR 50 FREESTYLE	27.49/26.89	48**
49	30.69	13&14 50 FREESTYLE	29.49	50
51**	2:40.59/2:40.59	SENIOR 200 IND. MEDLEY	2:30.79/2:27.99	52**
53	2:45.29	13&14 200 IND. MEDLEY	2:42.39	54
55**	4:57.99/4:55.39	SENIOR 400 FREESTYLE*	4:45.09/4:40.39	56**
57	5:03.89	13&14 400 FREESTYLE*	5:05.09	58
59		SENIOR 400 MEDLEY RELAY#		60
61		13&14 400 MEDLEY RELAY#		62

\* Deck-seeded Preliminaries; positive check-in by 9:00 AM.

#Relays will swim in Finals. Relay cards due by 5:00 PM.

\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

WOMEN	STANDARD	EVENT	STANDARD	MEN
63	1:25.89	11&12 100 BUTTERFLY	1:28.09	64
65	1:46.49	10&U 100 BUTTERFLY	1:50.79	66
67	33.19	11&12 50 FREESTYLE	33.29	68
69	38.09	10&U 50 FREESTYLE	38.99	70
71	2:57.79	11&12 200 IND. MEDLEY	3:02.19	72
73	3:35.49	10&U 200 IND. MEDLEY	3:43.19	74
75		11&12 200 MEDLEY RELAY#		76
77		10&U 200 MEDLEY RELAY#		78
79	5:30.59	11&12 800 FREESTYLE*	5:41.39	80

\*Deck-seeded Timed Finals; positive check-in by 9:00 AM. Event will swim fastest to slowest 10 minutes after event 74, alternating women's and men's heats. Qualifying time is time for the 400M Freestyle.

#Relays will swim in Finals. Relay cards due by 5:00 PM.

***See Order of Events for Finals Session on Page 9***

**ORDER OF EVENTS  
SUNDAY July 20, 2008**

**PRELIMINARY SESSION: CENTENNIAL SPORTSPLEX (NASHVILLE)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

WOMEN	STANDARD	EVENT	STANDARD	MEN
81A	10:07.79	13&14 800 FREESTYLE#		
		13&14 1500 FREESTYLE#	18:51.19	82A
81B**	9:57.49/9:46.39	SENIOR 800 FREESTYLE#		
		SENIOR 1500 FREESTYLE#	18:17.39/18:17.39	82B**
83	2:48.19	13&14 200 BACKSTROKE	2:43.79	84
85**	2:42.59/2:42.59	SENIOR 200 BACKSTROKE	2:32.49/2:29.29	86**
87	1:06.79	13&14 100 FREESTYLE	1:04.39	88
89**	1:05.89/1:05.09	SENIOR 100 FREESTYLE	1:00.29/59.19	90**
91	3:14.69	13&14 200 BREASTSTROKE	3:07.29	92
93**	3:11.59/3:11.59	SENIOR 200 BREASTSTROKE	3:01.29/2:57.39	94**
95	1:15.49	13&14 100 BUTTERFLY	1:13.39	96
97**	1:12.89/1:12.49	SENIOR 100 BUTTERFLY	1:07.49/1:05.79	98**

#Deck-seeded timed finals; positive check-in by 9:00 AM. Events will swim fastest to slowest; 13&14 and Senior will swim together and be scored separately. The fastest men's and women's heats will swim during Finals. Earlier heats will swim 10 minutes after event 98, alternating women's and men's heats.

\*\*Senior qualifying times are broken down into 15&16 and 17&18 qualifying times. 15&16 time listed first.

**PRELIMINARY SESSION: WCISC (BRENTWOOD)**

**WARM-UP: 7:30 AM**

**COMPETITION: 9:00 AM**

WOMEN	STANDARD	EVENT	STANDARD	MEN
99	1:40.39	10&U 100 BACKSTROKE	1:40.99	100
101	1:25.69	11&12 100 BACKSTROKE	1:26.89	102
103	1:25.89	10&U 100 FREESTYLE	1:27.39	104
105	1:12.09	11&12 100 FREESTYLE	1:13.89	106
107	1:52.09	10&U 100 BREASTSTROKE	1:57.99	108
109	1:38.29	11&12 100 BREASTSTROKE	1:40.89	110
111	44.29	10&U 50 BUTTERFLY	46.19	112
113	36.79	11&12 50 BUTTERFLY	37.99	114

***See Order of Events for Finals Session on Page 9***

## ORDER OF EVENTS – FINALS SESSIONS

W	Friday Finals	M
7	Senior 200 Free	8
9	13-14 200 Free	10
27	11-12 200 Free	28
29	10&U 200 Free	30
11	Senior 100 Breast	12
13	13-14 100 Breast	14
31	11-12 50 Breast	32
33	10&U 50 Breast	34
15	Senior 100 Back	16
17	13-14 100 Back	18
35	11-12 50 Back	36
37	10&U 50 Back	38
19	Senior 400 IM	20
21	13-14 400 IM	22
39	11-12 200 Free Relay	40
41	10&U 200 Free Relay	42
23	Senior 400 Free Relay	24
25	13-14 400 Free Relay	26

W	Saturday Finals	M
43	Senior 200 Fly	44
45	13-14 200 Fly	46
63	11-12 100 Fly	64
65	10&U 100 Fly	66
47	Senior 50 Free	48
49	13-14 50 Free	50
67	11-12 50 Free	68
69	10&U 50 Free	70
51	Senior 200 IM	52
53	13-14 200 IM	54
71	11-12 200 IM	72
73	10&U 200 IM	74
55	Senior 400 Free	56
57	13-14 400 Free	58
75	11-12 200 Medley Relay	76
77	10&U 200 Medley Relay	78
59	Senior 400 Medley Relay	60
61	13-14 400 Medley Relay	62

W	Sunday Finals	M
81	13&O 800 Free	
	13&O 1500 Free	82
99	10&U 100 Back	100
101	11-12 100 Back	102
83	13-14 200 Back	84
85	Senior 200 Back	86
103	10&U 100 Free	104
105	11-12 100 Free	106
87	13-14 100 Free	88
89	Senior 100 Free	90
107	10&U 100 Breast	108
109	11-12 100 Breast	110
91	13-14 200 Breast	92
93	Senior 200 Breast	94
111	10&U 50 Fly	112
113	11-12 50 Fly	114
95	13-14 100 Fly	96
97	Senior 100 Fly	98

**SOUTHEASTERN SWIMMING CHAMPIONSHIPS**  
**July 17, 18, 19, and 20, 2008**

**TEAM INFORMATION**

<b>CLUB NAME:</b>		<b>INITIALS:</b>	
<b>ADDRESS:</b>			
<b>LSC:</b>		<b>HEAD COACH:</b>	
<b>CONTACT PERSON:</b>		<b>PHONE NUMBER:</b>	
<b>FAX NUMBER:</b>		<b>CELL PHONE:</b>	<b>EMAIL:</b>
<b>COACHES ATTENDING:</b>	<b>NAME</b>		<b>COACHES CARD EXPIRATION DATE</b>
	1.		
	2.		
	3.		
<b>CERTIFIED OFFICIALS WHO MAY WISH TO WORK:</b>	1.		
	2.		
	3.		
	4.		
<b>NUMBER OF SWIMMERS ENTERED:</b>		<b>ATTACHED:</b>	
		<b>UNATTACHED:</b>	
		<b>TOTAL:</b>	

**SUMMARY OF FEES**

<b>NUMBER OF SWIMMERS:</b>		<b>X \$3.00 SES SURCHARGE</b>	<b>=</b>	
		<b>X \$5.00 FACILITY SURCHARGE</b>	<b>=</b>	
<b>NUMBER OF IND. EVENTS:</b>		<b>X \$5.00 PER EVENT ENTRY FEE</b>	<b>=</b>	

<b>NUMBER OF RELAYS:</b>		<b>X \$10.00 PER RELAY ENTRY FEE</b>	
		=	
<b>TOTAL DUE:</b>			

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry are registered with USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Nashville Aquatic Club, Metro Nashville Parks and Recreation, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

<b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b>	
<b>CLUB:</b>	
<b>TITLE:</b>	<b>DATE:</b>

**Southeastern Swimming  
Information Form for Disabled Swimmers**

<b>NAME:</b>	<b>AGE:</b>	<b>DATE OF BIRTH:</b>	
<b>ADDRESS:</b>		<b>PHONE NUMBER:</b>	
<b>EVENTS ENTERED:</b>			
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>
<b>EVENT:</b>	<b>NO.</b>	<b>EVENT:</b>	<b>NO.</b>
<p><b>DESCRIBE TYPE AND EXTENT OF DISABILITY AND ANY SPECIAL ASSISTANCE THE ATHLETE MAY REQUIRE</b> (Please be specific):</p>          			
<p><b>THE FOLLOWING PERSONS WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:</b></p>		<p><b>NAME:</b></p>	
		<p><b>NAME:</b></p>	
<b>PARENT OR GUARDIAN'S NAME:</b>		<b>PHONE NUMBER:</b>	