

**Crimson Tide Aquatics/Birmingham Swim League
2008 “Last Chance” Meet
July 11-13, 2008**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of United States Swimming, the rules of which will apply.

Sanctioned by Southeastern Swimming, Inc. **SANCTION #:** 08SECTA7-11

HOSTED BY:

Crimson Tide Aquatics
P.O.Box 870387
Tuscaloosa, AL 35487
(205) 348-6916

Birmingham Swim League
1025 Montgomery Highway
Suite 106
Birmingham, AL 35216
(205) 823-5512

LOCATION:

University of Alabama Aquatic Center
415 Paul Bryant Drive
Tuscaloosa, AL 35401

COMPETITION: Friday, July 11 Evening: 6:00 pm
Saturday, July 12 Morning: 8:30 & Afternoon: Not before 1:10 pm
Sunday, July 13 Morning: 8:30 & Afternoon: Not before 1:10 pm

WARM UP: Friday: 4:30 pm. Morning sessions: 7:00 am.

Afternoon Sessions: At the conclusion of the morning session, but not before noon.

The Meet Director reserves the right to combine AM and PM sessions if the number of entries so dictates.

Team Warm-up Lane assignments will be posted at the pool prior to each session.

FACILITIES: 8-lane, 50 Meter competition pool with a minimum depth of 6 feet, non-turbulent lane lines and fully automatic Daktronics electronic timing system and Daktronics scoreboard with lane/time/place/name display. Separate 8 lanes, 25-yard pool available for warm-up/warm-down. Per US Swimming guidelines, a certified coach must be on deck during all warm-ups/warm-downs. There is plenty of bleacher and personal chair seating available. A concession stand will be available.

RULES: 2008 USA Swimming rules will govern the conduct of the meet unless otherwise noted herein. Southeastern Swimming safety guidelines and warm up procedures will be in effect.

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without 2008 registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet. This is an open meet. Swimmers must be at least 13 years old to enter "Senior" events.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

ENTRIES & DEADLINE: Each swimmer may enter a maximum of five (5) individual events and 1 relay per day. Mail or e-mail entries to the Entry Chairperson. Entry forms must be completely filled out including the swimmers' best times for long course meters. **Team entry sheets, fees, and surcharges must be received by the MEET ENTRY CHAIRPERSON by Wednesday, July 2, 2008. If entries are e-mailed, a hard copy (including all information and release forms, and fees) must follow by mail and be postmarked prior to the deadline.** E-mail confirmations will be sent out as entries are received. **Please make sure the meet entry chair confirms your entries.** Late entries may be accepted at the discretion of the Entry Chairperson. However, they will be accepted on a "lane available" basis and may not appear in the "Heat sheet." Deck entries for Saturday and Sunday AM sessions will be due to the Clerk of Course by 7:30 AM Saturday morning, and all PM deck entries for both days will be due by 12:00 PM on Saturday. Disks with results will be returned at the end of the meet. Hytek Meet Manager software will be used. **Entry error: If due to CTA error, the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded.**

DISABILITIES: Swimmers with disabilities are welcome and must complete the Information Form for Disabled Swimmers and return it with the entries.

Completed entries should be mailed to:

Kim Osborn, CTA Entry Chairperson
12009 Peachtree Drive
Northport, AL 35475

Home (205) 330-0513 Cell (205) 792-2059

Email: dosborn0513@charter.net

ENTRY FEES: \$4.00 per individual event, \$10.00 per relay; \$3.00 SES surcharge per swimmer.

Late fees: \$5.00 per individual event, \$12.00 per relay.

Please make checks payable to: CTA. All entry fees are nonrefundable.

LIMITS: Swimmers are limited to 5 individual events and 1 relay per day. The number of heats of the 400 IM/1500 Freestyle events may be limited at the discretion of the Meet Referee and Meet Director based on the meet time line. **Senior events are limited to athletes age 13 and older.**

MEET EVALUATIONS:

Please send any comments, suggestions, or evaluations concerning the meet to:

John Woods
205 Island Avenue
Chattanooga, TN 37405

OFFICIALS SIGN-UP:

Certified officials who wish to work the meet, please contact Brian Judd (bjudd@msn.com). Please wear khaki pants and white shirts. Please fill out information on the “Team Information” page to be returned with entries. Referee, Starters, and Stroke and Turn Judges must be members of United States Swimming.

**Southeastern Swimming
Information Form for Disabled Swimmers**

Name: _____ **Age:** _____ **Date of Birth:** _____

Address: _____ **Phone number** _____

Events Entered:

Event	No.	Event	No.	Event	No.	Event	No.

Type of disability (describe): _____

Extent of disability (Be specific, e.g., totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities etc.): _____

The following persons will accompany the swimmer for any needed assistance:

Seizures? Yes ___ No ___ **Are You on Medication?** Yes ___ No ___

Type of Medication	Dose

Parent or Guardian's Name: _____ **Phone No.:** _____

Parent or Guardian's Signature: _____

Athlete's Signature: _____

Physician's Name: _____ **Phone number** _____

Physician's Address: _____

I have examined the above entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

Physicians Signature: _____ **Date:** _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Crimson Tide Aquatics, Birmingham Swim League, University of Alabama, City of Tuscaloosa, Alabama, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of coach or club official _____

Club: _____

Date: _____ Title: _____

Team Information

Team Name: _____ Initials: _____

Email Address: _____

LSC: _____ Coach: _____

Address: _____

Phone: (W) _____ (H) _____

Person to contact for questions on entry: _____

Phone: (W) _____ (H) _____

Certified Officials who may wish to work:

1. _____ 2. _____

3. _____ 4. _____

Entry Recap

Total Number of Swimmer Surcharges _____ x \$3.00= \$ _____

Total Number of Individual Events Entered _____ x \$4.00= \$ _____

Total Number of Relays Entered _____ x \$10.00 = \$ _____

Total Amount Enclosed \$ _____

DATE OF BIRTH	SEX						

Order of Events
Friday PM, July 11th
Warm-ups at 4:30. Competition at 6:00 P.M.

Girls			Boys
1	13-14	200 IM	2
3	Senior	200 IM	4
5	13-14	50 Free	6
7	Senior	50 Free	8
15 minute break if needed			
9	13 & Over	400 Free*#	10

* Deck-seeded event; positive check-in is due by 5:45 pm for the 400 free. If a swimmer is not checked in, that swimmer will not be seeded nor allowed to swim the event.

The 400 Free will be scored separately as 13-14 and Senior, and swum fastest to slowest, alternating girls and boys heats. The event may be limited to the fastest 40 females and 40 males entered (13 & Over) at the discretion of the meet referee and director.

Note: Swimmers are allowed to swim in only two (2) events on Friday evening.

Order of Events

Saturday AM, July 12th

Warm-ups at 7:00 AM. Competition at 8:30 AM.

Girls		Boys
11	10 & U 200 Free Relay	12
13	11 - 12 200 Free Relay	14
15	10 & U 200 IM	16
17	11 - 12 200 IM	18
19	10 & U 50 Fly	20
21	11 - 12 50 Fly	22
23	10 & U 50 Back	24
25	11 - 12 50 Back	26
27	10 & U 100 Free	28
29	11 - 12 100 Free	30
31	10 & U 100 Breast	32
33	11 - 12 100 Breast	34

Saturday PM, July 12th

Warm-ups not before 12:00 PM. Competition not before 1:10 PM.

Girls		Boys
35	13 - 14 400 Free Relay	36
37	Senior 400 Free Relay	38
39	13 - 14 200 Fly	40
41	Senior 200 Fly	42
43	13 - 14 100 Free	44
45	Senior 100 Free	46
47	13 - 14 200 Breast	48
49	Senior 200 Breast	50
51	13 - 14 100 Back	52
53	Senior 100 Back	54
15 minute break if needed		
55	13 & Over 400 IM#*	56

Deck-seeded event: positive check-in due at beginning of session.

* 400 IM will be scored separately as 13-14 and Senior, and swum fastest to slowest, alternating girls and boys heats. The event may be limited to the fastest 40 females and 40 males entered (13 & Over) at the discretion of the meet referee and director.

Order of Events Sunday AM, July 13th

Warm-ups at 7:00 AM. Competition at 8:30 AM.

Girls		Boys
57	10 & U 200 Medley Relay	58
59	11 - 12 200 Medley Relay	60
61	10 & U 200 Free	62
63	11 - 12 200 Free	64
65	10 & U 100 Back	66
67	11 - 12 100 Back	68
69	10 & U 50 Free	70
71	11 - 12 50 Free	72
73	10 & U 50 Breast	74
75	11 - 12 50 Breast	76
77	10 & U 100 Fly	78
79	11 - 12 100 Fly	80
15 minute break if needed		
81	12 & U 400 Free#*	82

Deck-seeded event: positive check-in due at beginning of session.

* 400 Free will be scored separately as 10 & U and 11 – 12, and swum fastest to slowest, alternating girls and boys heats. The event may be limited to the fastest 32 females and 32 males entered (12 & U) at the discretion of the meet referee and director.

Sunday PM, July 13th

Warm-ups not before 12:00 PM. Competition not before 1:10 PM.

Girls		Boys
83	13 - 14 400 Medley Relay	84
85	Senior 400 Medley Relay	86
87	13 - 14 200 Free	88
89	Senior 200 Free	90
91	13 - 14 100 Breast	92
93	Senior 100 Breast	94
95	13 - 14 200 Back	96
97	Senior 200 Back	98
99	13 - 14 100 Fly	100
101	Senior 100 Fly	102
15 minute break if needed		
103	13 & Over 1500 Free#*	104

Deck-seeded event: positive check-in due at beginning of session.

* 1500 Free will be scored separately as 13-14 and Senior, and swum fastest to slowest, alternating girls and boys heats. The event may be limited to the fastest 32 females and 32 males entered (13 & Over) at the discretion of the meet referee and director.

Each swimmer in the 1500 Free must provide his/her own timer and counter.