

SHORT COURSE YARDS

2009

BOYS

TIME STANDARDS

GIRLS

10 & u	11-12	13-14	15-16	Senior	Event	Senior	15-16	13-14	11-12	10 & u
:32.39	:28.29	:25.69	:23.59	:23.39	50 FREE	:26.09	:26.09	:26.79	:28.29	:32.19
1:12.39	1:02.29	:55.69	:51.79	:50.69	100 FREE	:56.09	:56.69	:58.19	1:01.89	1:11.39
2:38.29	2:16.89	2:00.59	1:52.49	1:50.19	200 FREE	1:59.79	2:01.29	2:04.99	2:15.49	2:36.89
6:54.69	6:20.99	5:28.99	5:14.69	5:07.29	500 FREE	5:25.99	5:29.29	5:41.89	6:01.69	6:49.19
	13:19.39	11:29.79	10:50.89	10:42.69	1000 FREE	11:10.79	11:12.79	11:29.99	12:25.69	
		19:29.49	18:47.99	18:27.19	1650 FREE	19:48.19	19:58.89	20:01.49		
:38.39	:33.89				50 BACK				:33.09	:38.09
1:23.89	1:13.49	1:04.59	:59.39	:58.09	100 BACK	1:04.39	1:04.39	1:06.79	1:11.09	1:22.99
		2:18.49	2:08.79	2:06.89	200 BACK	2:18.99	2:19.09	2:22.99		
:44.39	:38.29				50 BREAST				:37.19	:42.99
1:38.49	1:24.59	1:13.99	1:08.49	1:07.09	100 BREAST	1:13.99	1:13.99	1:17.89	1:21.29	1:34.19
		2:41.89	2:29.99	2:27.49	200 BREAST	2:41.19	2:41.19	2:43.49		
:38.99	:32.09				50 FLY				:31.49	:36.79
1:31.59	1:16.89	1:03.49	:58.09	:56.69	100 FLY	1:02.39	1:02.39	1:05.69	1:10.99	1:27.79
		2:34.59	2:14.79	2:09.79	200 FLY	2:22.89	2:25.99	2:29.99		
1:23.29	1:13.39				100 IM				1:11.09	1:22.19
3:01.79	2:38.19	2:18.49	2:08.09	2:05.29	200 IM	2:17.89	2:17.89	2:22.29	2:31.99	2:59.19
		5:01.29	4:43.89	4:37.99	400 IM	4:56.09	4:56.09	5:02.99		